

MUISTA

time for smart sitting



Unique 2-in-1 rocking chair encourages smart sitting

Muista is a healthy alternative to regular desk chairs that lets you decide how you want it: sit still or fidget, sway or wiggle both by sitting saddle-like or bench-like. Both sitting positions are quite different in that they make different muscle groups work while sitting – the saddle position gives you forwards rocking direction while the bench makes it sideways.

Muista comfortably and effortlessly accomodates movement while sitting. As some medical studies showed – micromovements, fidgeting can be enough to cancel out the negative effects on your health caused by prolonged inactivity while sitting for hours*.

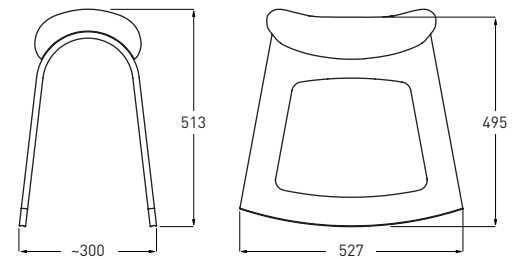
* LINK TO ARTICLE: [If You're Sitting Down, Don't Sit Still, New Research Suggests](#)



Materials: plywood, PU foam, wool+synthetic fabric



Dimensions (mm):



Two interchangeable positions for sitting and exercise – saddle and bench



Children embrace the smart sitting naturally

Materials:

Seat: injection moulded hard PU foam, fabric 88% Wool, 12% PA.
 Legs: press bent & glued birch or ash plywood, oil finish
 Feet edges: cast PU profile



2 year warranty

CONTACT:

Asta Jarzemskiene / +370 656 88250 / asta@muistachair.com / www.muistachair.com
 Correspondence: K. Donelaicio str. 20-8, Vilnius LT-03102, Lithuania

Ihr Fachhandelspartner:

weber büro- & objekteinrichtung GmbH

Dieselstr. 11a

86368 Gersthofen

T. 0821.262352-1

F. 0821.262352-2

E. info@weber-einrichtungen.de

www.weber-einrichtungen.de



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PROJEKT. NEUES BÜRO